

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




January 2025

11:00 Sing A Long **1**

2:00 PM Arts & Crafts

4:00 PM Trivia



HAPPY NEW YEAR
New Year's Day

11:00 AM Power Back **2**


2:00 PM Cooking Club

4:00 PM Puzzles

11:00 AM Reminiscing **3**

2:00 Pm ZEN Coloring

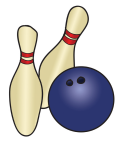
3:30PM Bingo



11:00 AM Bowling **4**

2:00 PM Crafts

4:00 PM Mining Game



11:00 AM Table Talk **5**

2:00 PM Hot Coco & Trivia

3:00 PM Movie Alice & Wonderland



11:00 AM KA PONG **6**

2:00 PM Wheel of Fortune

4:00 PM Hang Man

11:00 AM Hand Massage **7**

2:00 PM ART 3D Teacups

4:00 Tea & Cookies



11:00 Sing A Long **8**

2:00 PM Arts & Crafts

4:00 PM Trivia

11:00 AM Cranium Crunch **9**


2:00 PM Cooking Club

4:00 PM Trivia

11:00 AM Reminiscing **10**

2:00 Pm ZEN Coloring

3:30PM Bingo



11:00 AM Paddle Ball **11**

2:00 PM Crafts

3:00 Snowbirds Painting

11:00 AM Table Talk **12**

2:00 PM Zen Coloring

3:00 PM Movie



11:00 AM Jenga **13**

2:00 PM First to 25 games

4:00 PM How many words

11:00 AM Manicures **14**


2:00 PM Art Photo Hats

4:00 PM Snowball throw

11:00 Sing A Long **15**

2:00 PM Arts & Crafts

4:00 PM Trivia



11:00 AM Power Back **16**

2:00 PM Cooking Club

4:00 PM Team Hangman

11:00 AM Reminiscing **17**

2:00 Pm ZEN Coloring

3:PM Bingo



11AM Balloon Volleyball **18**


2:00 PM Sing A Long

3:30 Conversation Starter

11:00 AM Table Talk **19**

2:00 PM How many words

3:30 Movie/Snacks



Activity Professionals Week

11:00 AM Bean Bag toss **20**

2:00 PM Corner Checkers

4:00 PM name that Tune

Martin Luther King Jr. Day

11:00 Shoulder Massage **21**

2:00 PM Art Center Pieces

4:00 PM Mining Game

11:00 Sing A Long **22**

2:00 PM Arts & Crafts

4:00 PM Trivia

11:00 AM Cranium Crunch **23**


2:00 PM Cooking Club

4:00 PM Puzzles

11:00 AM Reminiscing **24**

2:00 Pm ZEN Coloring


3:30PM Bingo



11:00 AM Bowling **25**

2:00 PM Sing A Long

3:30 How many Words



11:00AM Table Talk **26**

2:00 PM Coloring Project

3:00 PM Movie /Snacks



HAPPY AUSTRALIA DAY
Australia Day (Observed)

11:00 AM Table talk **27**

2:00 PM Hearts card game


4:00 Pm How many Words



11:00 AM Manicures **28**

2:00 PM Queen Hearts Bash

4:00 Card Games



11:00 Sing A Long **29**

2:00 PM Arts & Crafts

4:00 PM Trivia



Chinese New Year
(Year of the Snake)

11:00 AM Cranium Crunch **30**


2:00 PM Cooking Club

4:00 Table Game

1:00 AM Reminiscing **31**

2:00 Pm ZEN Coloring

3:30PM Bingo



Daily Activities

10:00 EXERCISE

10:30 Daily Chronicle

1:30 STRETCH YOUR LEGS



* ACTIVITIES SUBJECT TO CHANGE ALONG WITH TIMES *