Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Happy Birthday Jill! 10:30am Mindful1Movement111:00am Everything A-Z2:00pm Ageless Artists withBill3:15pm Bingo6:00pm Documentary- Wonders of the National Parks New Year's Day	10:30am Stretch and Strengthen 2 11:15am January Gazette 1:00pm Aromatherapy and Hand Massages 2:00pm Dave on Accordion! 3:15pm A Roll of the Dice 6:00pm Throw Back Thursday Film-An American in Paris	Happy Birthday Jill! 3 10:30am Workout with Light Weights 11:00am Flower Arranging 11:00am- Cabela's 1:30pm Guided Meditation 2:30pm Bingo 3:45pm Happy Hour/A First Time for Everything 6:00pm Friday Funnies- Moments of the Stars	10:30am Chair Dance with Savannah 11:00am Brain Fitness- What's in a Word? 1:15pm Rosary 2:00pm Art with Savannah 3:15pm Afternoon Matinee- James Bond-Die Another Day 6:00pm Independant Table Games
9:00am Televised Church 5 10:30am Thera Band Class 11:00am Fun Facts: January 1:30pm Kitchen Memories Cinnamon Rolls 3:00pm Table Talk-Travel Experiences 4:00pm Rummikub with Friends	Happy Birthday Don! 10:00am Outing Dollar Tree 10:30am Morning Exercise 11:15am R-E-S-O-L-U-T-I-O-N 2:00pm Elvis Show with Bill Naughton 3:15pm Benefit Bingo 6:00pm Monday Musical 7:00pm Ukulele Practice with Dr. Uke Elvis Scavenger Hunt Day	10:30 Chair Yoga 11:00am Intergenerational fun with the Shirley Reebok Kids! 12:15pm January Birthday Celebration 1:00pm Rusty on Piano 2:15pm Tour of Graceland 3:45pm Happy Hour/Elvis Quiz Part I 6:00pm It's Puzzling!	10:30am Cardio Drum Ballo 11:00am Resident Council 13:00pm Catholc R Communion 2:00pm Ageless Ar R 3:15pm What's in the Bag Bingo? 4:15pm Elvis Stickman 6:00pm Elvis Documentary	10:15am Workout with Powerback911:15am Honoring President Carter 1:30pm Axe throwing Contest with Staff 2:00pm Tom Stankus Performs! 3:15pm Elvis Bingo! 6:00pm Throwback Thursday Film9	10:30am Workout with Lipp Weights 11:00am Flower Arranging 11:00am Out on the Town - 1:30pm Guided Meditation 2:30pm Bingo 3:45pm Happy Hour/Elvis Quiz 6:00pm Friday Funnies - The Unexpected	Happy Birthday Sophie! 1 10:30am Chair Dance with Savannah 11:00am Brain Fitness-How Many Can You Name? 1:15pm Rosary 2:00pm Art with Savannah 4:00pm UCONN Women's Basketball Game SNY (62) 6:00pm Independant Table Games
9:00am Church Transportation 10:30am Coffee and the News 1:30pm Scenic Ride 2:00pm Puzzle Corner 3:15pm Tea Tasting 4:00pm Table Talk-School Days Experiences National Hot Tea Day	10:00am Outing Stop & 13 Shop 10:30am Morning Exercise 11:00am Animal Talk with Lisa 1:30pm Art Stroll 2:00pm Worship Service with Pastor George 3:15pm Benefit Bingo 6:00pm Monday Musical- My Fair Lady	10:30am Chair Yoga 14 11:15am News Currents 14 1:30pm Try Something New -Tai Chi 2:15pm Artful Expressions: Create a Vision Board! 3:45pm Happy Hour/ PUNT 6:00 Girl Scout's Visit!	10:30am Mindful Movement 11:00am Bible Study with Don 1: 30pm Walking Group 2:00pm Ageless Artists 3:15pm What's in the Bag Bingo? 4:15pm Try Something New Audio Book 6:00pm Documentary Night	10:30am Stretch and Strengthen 11:15am Crossword Challenge 1:00pm Aromatherapy and Hand Massages 2:00pm Mike Armentano 3:15pm Classic Movie Challenge with Harold 6:00pm Throwback Thursday Film	Happy Birthday Barbara 7 10:30am Mindful Moves 11:00am Flower Arranging 11:30am Lisa & Beamer Visit 1:30pm Guided Meditation 11:00 Veteran's Social 1:30pm Guided Meditation 2:30pm Bingo 3:45pm Happy Hour/ Music Appreciation -Beatles	Happy Birthday Mary H! 8 10:30am Chair Dance with Savannah 11:00am Brain Fitness- Wintertime Fill in the Blanks 1:15pm Rosary 2:00pm Art with Savannah 3:15pm Saturday Matinee: Indiana Jones and the Temple of Doom
9:00am Televised Church 9 10:30am Thera Band Class 11:00am You Be the Judge 1:00pm UCONN Women's Basketball Game SNY (62) 1:30pm Kitchen Memories - Molasses Cookies 3:00pm Card Games 4:00pm Rummikub with Friends Activity Professionals Week	10:00am Shopping Trip 20 10:30am Morning Exercise 11:00am Health Talk- Winter Blues 1:30pm Art Stroll 2:00pm Famous Artist Series- Norman Rockwell Pt.1 3:15pm Benefit Bingo 6:00pm Ukulele Practice Martin Luther King Jr. Day	10:30am Chair Yoga 11:15am News Currents 1:30pm TED Talk and Discussion 2:00pm Famous Artist Series Pt. 2 Norman Rockwell Documentary 3:45pm Happy Hour/Trivia Challenge 6:00pm It's Puzzling!	Happy Birthday RoseMarie 10:30am Cardio Drum Ball 11:00am Jeopardy 1:15pm Communion 2:00pm Ageless Artists Pt.3 3:15pm What's in the Bag Bingo? 4:15pm Trivia Challenge 6:00pm Documentary 7:00pm Glastonbury Chorus Practice	Happy Birthday Jim! 10:00am Workout with Powerback 11:15am Food for Thought 1:00pm Aromatherapy and Hand Massages 2:00pm Book Club 3:15pm Mexican Train Dominoes 6:00pm Throwback Thursday Film	10:30am Workout with 24 weights 24 11:00am Flower Arranging 1:30pm Guided Meditation 2:30pm Bingo 3:45pm Happy Hour /Name That Tune 6:00pm Funniest Moments of the Century- Slapstick Comedy	10:30am Exercise with 25 Weights 21:00am Good News Network 2:00pm Rosary 2:00pm Walking Club 3:15pm Mikey's Travel Log 6:00pm Musical Chairs
9:00am Church Transportation 26 10:30am Coffee and the News 11:00am Thera Band Class 1:30pm Scenic Ride 2:00pm Nail Spa 3:00pm Sundaes on a Sunday 6:00pm Sunday Funnies Australia Day (Observed)	10:00am Local Shoppin 27 Trip 10:30am Morning Exercise 11:00am Passport Travels - Oxford England 1:30pm Art Stroll 2:00pm Ruriko Wheeler Visits! 3:15pm Benefit Bingo 6:00pm Monday Musical- Chicago	10:30am Chair Yoga 28 11:15am News Currents 1:30pm Tai Chi 2:00pm Get Your Goat Visits! 3:45pm Happy Hour/Family Feud 6:00pm It's Puzzling!	10:30am Let's Roll Workout Workout 11:00am Are you a Snake?/ Chopstick Challenge 1:30pm Walking Group 2:00pm Ageless Artists 3:15pm What's in the bag Bingo 4:00pm Try Something New- Audio Book Chinese New Year	10:30am Stretch and Strengthen 11:15pm Activity Prainstorming Session 1:00pm Aromatherapy and Hand Massages 2:00pm Ashly ru21 9:15pm Rummikub with Friends 6:00pm Radio Days- "The Lone Ranger"	10:30am Workout with Loph Weights 11:00am Flower Arranging 1:30pm Guided Meditation 3:45pm Happy Hour/ Carina shares her photos of her China trip! 6:00pm The Golden Age of Comedy Great Stars of Film and Radio	

Any calendar changes will be posted in weekly flyers,

Addison Place at Glastonbury*1177 Hebron Avenue Ct. 06033