Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fel	orua	ry 20)25			10:30am Worko 1 Weights 11:00am 2 Fues one Word 1:15pp 5664 2:00 controlling Group 2:3 controlling Group 2:3 controlling Group 3:30 controlling Group Challe 6 6:00pm Grant Jenga
10:30am Morning Exercise 11:00am Televised Mass 11:30am The Story of Groundhog Day 1:30pm Kitchen Memories-Peppermint Patty Brownies 3:15pm Snack and Chat 4:Groundhog Day the Movie	10:00 Shopping Trip 10:30am Morning Workout 11:15am Many Words 1:00pm Ambassador Meeting 2:00pm -Traveling the Underground Railroad 3:15pm Benefit Bingo 6:00pm Monday Musical	10:30am Cardio Drumming 11:00am News Currents 12:15pm Birthday Celebration 1:00pm Rusty on Piano 2:00pm Newcomer's Meet and Greet 3:00pm Heart Health Talk 3:30pm The Price is Right	10:30am Big Band Workou5 11:00am Addison Place Road Show 1:15pm Catholic Communion 2:00pm Ageless Artists-It's for the Birds! 3:15pm Prize Bingo 4:15pm Music Appreciation	10:00am Work out with Powerback 11:00am You Be the Judge 1:00pm Hand Massages 2:00pm Willie Gillis on Guitar! 3:15pm Game Hour/ 4:00pm Biography -Jackie Robinson	10:30am Theraband Strengthening 11:00am Flower Arranging 1:30am Out on the town - Museum of Ct. History 2:30pm Bingo/Card Games 3:45pm Have a Heart Happy Hour/Remember When?	10:30am Workout with Weights 11:00am Chain of Thought 1:15pm Rosary 2:00pm Walking Group 2:30pm Phantom of the Opera Discussion w/Mike 3:30pm Rummikub Challenge
Groundhog Da	7:00pm Ukulele Practice with Dr. Uke	3:45pm Happy Hour 6:00pm -Girl Scouts Visit	-Nat King Cole Bird Scavenger Hunt	6:00pm Create a Mandala!	6:00pm It's Puzzling!	6:00pm Musical Chairs World Opera Dav
9:00am Church Transportation 10:30am Televised Mass 1:30am Scenic Ride 3:00pm Superbowl Pre-	10:00am Shopping Trip 10 10:30am Morning Workout 11:00am Heart Health Talk 1:30pm Art Stroll 2:00pm Worship Service with Pastor George 3:15pm Benefit Bingo 6:00pm Monday Musical-	10:30am Exercise with 11 Lynn! 11:15pm News Currents 1:30pm Seated Tai Chi and Meditation 2:00pm Jose Paolo Entertains! 3:45pm Happy Hour/Who Sang It? 6:00pm Hidden Figures	10:30am Workout with the yoga balls 11:00am Resident Council 1:30pmTED Talk and Discussion 2:00pm Ageless Artists 3:15pm What's in the Bag? Bingo 4:15pm Group Trivia Tu B'Shevat Begins	10:30am Stretch and Strengthen 11:00am Name That Tune 1:00pm Hand Massages 2:00pm Pianist Paul Bisaccia! 3:15pm Ladies' Tea w Kathy 3:15pm Men's Social with Harold 4:00pmTalk Topics -Rosa Parks	10:00:30am Chair Yoga 14 11:00am Flower Arranging 11:30am Lisa and Beamer Visit 1:30pm Valentine's Day Social with Al Raebuk! 2:30pm Bingo 3:45pm Happy Hour/The Year Was 6:00pm It's Puzzling! Valentine's Day	10:30am Workout with 15 Weights 11:00am Carina and her Robotics Team Visit! 1:15pm Rosary 2:00pm Walking Group 2:30pm Hear All about It! Mikey's Visit to Nigeria 3:30pm Rummikub Challenge 6:00pm Axe Toss with Mike
10:30am Televised Mass 6 11:00am Televised Mass 1:30pm Making Birdfeeders for the Back Patio 3:15pm Sundaes on a Sunday/Pondering Prompts 4:00pm	10:00an Shopping Trip 17 10:30am Morning Workout 11:00am Presidential Facts 1:30pm Art Stroll 2:00pm Pianist David Eberly 3:15pm Benefit Bingo 4:00pm Happy Hour/Meet and Greet our new R.N.'s! 7:00pm Ukulele Practice with Dr. Uke Presidents' Day (U.S.	10:30am Big Band Workque 11:00am Balance Clinic with Powerback 1:30pm Guided Meditation 2:00pm Creative Arts - 3:00pm Grandma Moses Documentary 3:45pm Happy Hour/Fact or Fiction? 6:00pm Group Hymn Sing with Dawn	10:30am Workout with they yoga balls 11:00am Bible Study with Don and Holly 1:15pm Catholic Communion 2:00pm Ageless Artists-Inspired by Grandma Moses 3:15pm Prize Bingo 4:15pm Group Trivia	10:00am Workout with Powerback 11:00am Birthdays of the Stars 1:00pm Hand Massages 2:00pm James Sheehan Performs! 3:15pm Bowling 4:00pm Biography- Harriet Tubman 6:00pm Zentangles	10:30am Theraband Strengthening 11:00am Flower Arranging 11:30am 1:30pm Out Trip -Hartford Flower Show 2:30pm Bingo/Card Games 3:45pm Happy Hour/ First Ladies Day 6:00pm It's Puzzling!	10:30am Workout with 22 Weights 11:00am 1:15pm Rosary 2:00pm Walking Group 2:30pm Who Am I?- Willy Wonka 3:30pm Rummikub Challenge 6:00pm Game Night with Mike
9:00am Church Transportation 10:30am Sunday Stretches Televised Mass 1:30pm Scenic Ride 2:00pm Crafter's Corner 3:15pm Sundaes on a Sunday 6:00pm Sunday Funnies- Carol Burnett	10:00am Shopping Trip 24 10:30am Morning Workout 11:00am Animal Talk with Lisa 1:30pm Art Stroll 2:00pm Book Club-"Chicken Soup for the Soul" 3:15pm Benefit Bingo 6:00pm Monday Musical	10:30am Cardio Drumming 11:00am News Currents 11:00am News Currents 1:30pm Seated Tai Chi and Meditation 2:00pm Bushnell Theater Presentation 3:45pm Happy Hour/Connections 6:00pm The Story of Jackie Robinson	10:30am Workout with the yoga balls 11:00am What's the Word? 1:30pm TED talk and Discussion 2:00pm Ageless Artists 3:15pm What's in the Bag Bingo? 4:15pm Group Trivia 6:00pm Jigsaw Puzzle Solvers	10:30am Stretch and Strengthen 11:00am Food Committee Meeting 1:00pm Hand Massages 2:00pm Jeff Batter on Piano! 3:15pm Game Hour 4:00pm Biography-Bob Marley	10:30am Chair Yoga 11:00am Flower Arranging 11:30am Cat Cafe Outing 2:30pm Bingo/Card Games 3:45pm Happy Hour/The Year Was 6:00pm It's Puzzling! Ramadan Begins	BLACK HISTORY MONTH