

# October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30am Fitness Blast with Sarah! 11:30am October I.Q. 1:15pm Communion 2:00pm Artist's Studio with Bill 3:15pm Bingo with Carynna 6:00pm Western Wednesday-The Train Robbers	10:30am Stretch and Tone 11:00am Do Gooders Club- Creating Thank You Cards for Teachers 1:00pm Aromatherapy and Hand Massages 2:00pm Live Music - Les Julian on Guitar 3:15pm Rummikub Rumble 6:00pm Nature Documentary -Our Planet	10:30am Volley for Serve 11:00am Flower Arranging Workshop 1:30pm Guided Meditation 1:30pm Adventure Friday-Lyman Orchards 2:30pm Bingo 3:45pm Happy Hour on the Patio-Name That Tune 6:00pm Music and Art Smiley Face Day	10:30am Chair Dancing 11:00am Word Extraction 1:15pm Pray the Rosary 2:00pm Saturday Matinee: Diamonds are Forever 2:15pm Creative Expression with Savannah 4:00pm Scrabble with a Friend 6:00pm Puzzle Me This taco day
9:45am Church Transportation 10:00am Televised Mass 10:45am Independent Puzzles 1:00pm Game Day- Giants vs. Jets 2:00pm Fall Scenic Ride 3:30pm Snack and Chat with Renee 6:00pm Sunday Funnies	10:30am Upper Body Workout 11:00am Mind Fit-What was it Called? 1:00pm Nail Spa with Renee 2:00pm Health Talk with Sandra: The Many Benefits of Herbal Tea 3:15pm Sound Journey with Gabrielle 6:00pm Bingo Bonanza !	10:30amTheraband Stretch 11:00am Boost Your Brain Power 12:15pm Celebrating Resident October Birthdays! 1:00pm Piano Man Rusty! 2:00pm Jewelry Making 3:15 Was it Barbaraor Dolly? 4:00pm Decorate Cupcakes 6:00pmDocumentary Night Rise and Fall of Elvis	10:30am Cardio Drumming 11:00am Resident Council Meeting 1:00pm Parkinson's Support Group 1:15pm Tai Chi for Relaxation 2:00pm Artist's Studio with Bill 3:15pm Bingo with Carynna 6:00pm Western -Bonanza	10:30am Mindful Moves 11:00am Historical Profiles- John Lennon 1:00pm Hand Massages 2:00pm Live Music-Robert Gillie 3:15pm Ladie's Tea with Kathy - 3:15pm Wii Bowling 6:00pm Nature Documentary - Our Oceans	10:30amTheraband Stretch 11:00am Flower Arranging Workshop 1:30pm Mindful Meditation 1:30pm Adventure Friday Out Trip to New Britain Museum of Art 2:30pm Bingo 3:45pm Happy Hour on the Patio/Never have I Ever 6:00pm Feature Film Night	10:30am Chair Dancing 11:00am Fit Minds- Fill in the Blanks 1:15pm Pray the Rosary 2:00pm Saturday Matinee: Hocus Pocus 2:15pm Creative Expression with Savannah Scarecrows 4:00pm Rummikub with a friend 6:00pm
10:00am Televised Mass 10:45am Stretch and Flexibility 11:15am Word Jumble 1:00pm NFL Game Day- Broncos vs. Jets 1:30pm Guided Meditation 2:00pm Making Dog Biscuits for GAC 3:30pm Interactive Court Cases	10:30am Upper Body Workout 11:00am Fit Minds 1:00pm Nail Spa with Renee 2:00pm Worship and Wisdom with River Church 3:15pm Bingo 6:00pm Monday Musical: Annie ! Columbus Day (U.S.)	10:30am Photo Voice 10:30am Gentle Yoga Stretch 11:00amTuesday Trivia 1:30pm Tai Chi for Relaxation 2:00pm Artist Spotlight Documentary -Renoir 3:00pm Books and Authors Discussion 6:00pm Documentary Night	10:30am Fitness Blast with Sarah! 11:30am Name That Tune 1:15pm Communion 2:00pm Artist's Studio with Bill - Spotlight on Renoir 3:15pm Surprise Bingo with Carynna 6:00pm Western Wednesday-Gunsmoke	10:30am Workout with Yoga Balls 11:00am Historical Profiles - American Bandstand 1:00pm Aromatherapy and Hand Massages 2:00pm Live Music-Mike Valerio on Keyboard 3:15pm Rummikub Rumble 6:00pm, Remembering I Love Lucy	10:30am Chair Volleyball 11:00am Flower Arranging Workshop 1:30pm Mindful Meditation 1:30pm Adventure Friday-Out Trip to Olde Cider Mill 2:30pm Bingo 3:45pm Happy Hour/Family Feud 6:00pm Feature Film Night- The Great Waldo Penner	10:30am Chair Dancing 11:00am Cranium Crunches 1:15pm Pray the Rosary 2:00pm Saturday Matinee: Beetle Juice 2:15pm Creative Expression with Savannah 3:30pm Afternoon Social 4:00Scrabble with a Friend 6:00pm Independent Table Games
9:45am Church Transportation 10:00am Televised Mass 11:00am Independent Puzzles 1:00pm Game Day -Patriots vs. Titans 2:00pm Scenic Ride 3:30pm Snack and Chat with Renee 6:00pm Sunday Funnies	10:30am Upper Body Workout 11:00am Lisa's Animal Talk- Elephants! 1:00pm Nail Spa with Renee 2:00pm Classical Pianist David Eberly Performs 3:15pm Bingo 6:00pm Monday Musical: Mama Mia!	10:30am Strengthening Clinic with Powerback 11:00am Workout with Kristen from Powerback 1:30pm Mindful Meditation 2:00pm Armchair Travel - California Dreamin" 3:15pm Wii Bowling 6:00pm Documentary Night-Sunday Best- Remembering Ed Sullivan	10:30am Cardio Drumming 11:00am Guess the Sound 1:15pm Tai Chi for Relaxation 2:00pm Artist's Studio with Bill 3:15pm Kathy Gregory's - Oktoberfest Show 6:00pm Western Wednesday-Canyon Passage	10:30am Gentle Stretch 11:00am Fit Minds- Dictionary Day Quiz 1:00pm Hand Massages and Aromatherapy 2:00pm Live Music Mike Armentano 3:15pm Mugs and Mingle 6:00pm Nature Documentary -The Penguin Challenge	<b>Wear Pink Day</b> 10:30am Pumpkin Bocce 11:00am Flower Arranging 11:00am Veteran's Social 11:30am Beamer, Gizmo and Lisa Visit! 1:30pm Mindful Meditation 1:30pm Out Trip to -New Britain Museum of Art 2:30pm Bingo 3:45pm Happy Hour	10:30am Chair Dancing 11:00am Pop Quiz 1:15pm Pray the Rosary 2:00pm Saturday Matinee: - Frankenstein 2:15pm Creative Expression with Savannah 4:00pm 6:00pm Crossword Challenge
10:00am Televised Mass 10:45 Stretch and Flexibility 11:15am 1:00pm NFL Game Day-N.Y. Jets vs. Cin. Bengals 1:30pm Guided Meditation 2:00pm Art by Numbers 3:30pm Snack and Chat with Elizabeth 4:00pm Interactive Courtcases	10:15am Glastonbury Chorus Performs 1:00pm Nail Spa with Renee 2:00pm Health Talk - Flu Defense 101 3:15pm Bingo 6:00pm Monday Musical: Andre Rieu in Concert: Live in Vienna	10:00-2:00pm Flu Clinic 10:30am Photo Voice with 10:30am Yoga Stretch 11:00am This Month in History-Statue of Liberty 1:30pm Tai Chi 2:00pm Dance with Mike 3:15pm Book Trivia 3:45pm Happy Hour 6:00pm Documentary Night "Judy"	10:30am Stretch and Tone 11:00 am Mind Fit-How Many Can You Name? 1:15pm Tai Chi for Relaxation 2:00pm Artist's Studio with Bill 3:15pm Bingo with Carynna 4:00pm Bocce 6:00pm Western Wednesday-	10:30am A.M. Movement 11:00am Historical Profiles- Mohandas Gandhi 1:00pm Hand Massages 2:00pm Live Music -Dave Glokowski on Accordion 3:15pm Oktoberfest Savory Snacks 6:00pm Documentary- Inside the Mind of A Dog	10:30am Pumpkin Air Ball 11:00am Flower Arranging Workshop 2:00pm Halloween Bood Bash 2:30pm Boo Bash Bingo 3:45pm Happy Hour 6:00pm Friday Funnies  Halloween	