

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2025

Thrive

			10:15am Morning Meeting 10:30am Morning Fitness 11:00am Seasonal Name 10 1:15pm 1:30pm Communion Service 2:00pm Fall Art - Leaf Rubbing 3:30pm Fall Mocktails 4:00pm Music Memories 6:00pm Music and Art	10:15am Morning Meeting 10:30am Scarf Exercise 11:00am October IQ Facts & Trivia 1:15pm Afternoon Stroll 2:00pm Live Music -Les Julian on Guitar 3:30pm A Roll of the Dice 4:00pm America's Got Talent 6:00pm Comedic Cinema	10:15am Morning Meeting 10:30am Stretch and Tone 11:00am Design with Blooms 1:15pm Stretch and Flex 2:00pm Nails with Elaine/Kitchen Helpers 3:30pm Bingo Bash 4:00pm Musical Reminisce- Elvis 6:00pm Puzzle Solvers	- 10:15am Morning Meeting 10:30am Morning Workout 11:00am Knock, Knock on Humor's Door 1:15pm Aquapaints 2:00pm Baking Group "Dont eat theMarshmallow!" with Shakeia 4:00pm Rock and Roll Hits 6:00pm Western Night
10:00am Televised Mass 10:30am Morning Meeting 11:00am Sunday Stretches 11:30am Daily Chronicle 1:00pm Televised Football 2:00pm Trivia Challenge 3:15pm Sundae Social 4:00pm Mindful Mandela's 6:00pm Sunday Funnies- Golden Girls	10:15am Morning Meeting 10:30am Get Fit- Upper Body 11:00am October Ponderings 1:15pm Take a Stroll 2:00pm Jeff Batter on Piano 3:30pm Autumn Scents 4:00pm Target Toss 6:00pm Documentary Night	10:15am Morning Meeting 10:30am Movin and Groovin 11:00am Fall Poetry Reading 1:15pm Walk and Talk 2:00pm Outing to the Orchard 3:30pm Apple Cider Social 4:00pm Helping Hands 6:00pm Armchair Travels- Scenic through	10:30am Fitness Blast with Sarah 11:00am Whiteboard Word Games 1:15pm Art Stroll 2:00pm Culinary Creations Apple Muffins 3:30pm Apple Muffins and Trivia 4:00pm Sing Along with Sue 6:00pm Music and Art	10:15am Morning Meeting 10:30am Balloon Bop 11:00am Discussion Group- What's Your Favorite- Season? 2:00pm Live Music -Red and Yellow 3:30pm Apples 2 Apples 4:00pm Musical Reminisce- Beatles 6:00pm Comedic Cinema	10:15am Morning Meeting 10:30am Chair Yoga 11:30am Choral Sing 1:15pm Stretch Your Legs 2:00pm Nails with Elaine/ Kitchen Helpers 3:30pm Around the House Bingo 4:00pm Musical Reminisce- Johnny Cash 6:00pm Puzzle Solvers	10:15am Morning Meeting 10:30am Sit and Stretch 11:00am Catalog Scavenger Hunt 1:15pm Walking Group 2:00pm Culinary Creations: Baked Apples 3:30pm Ring Toss 4:00pm Kids Say the Darndest Thing 6:00pm Movie Night
10:00am Televised Mass 10:30am Morning Meeting 11:00am Sunday Stretches 11:30am Daily Chronicle 1:00pm Televised Football 1:15pm Walk and Talk 2:00pm Good Neighbors- Making Dog Biscuits 3:15pm Sundae Social 4:00pm Mindful Mandela's 6:00pm Sunday Funnies	10:15am Morning Meeting 10:45am Tom Stankus performs! 1:15pm Stretch Your Legs! 2:00pm Scenic-Ride- Coventry Lake 2:00pm Tangrams 3:30pm Autumn Sounds 4:00pm A Roll of the Dice 6:00pm Nat Geo Documentary	10:15am Morning Meeting 10:30am Daily Chronicle 11:00am Workout with Kristen 1:15pm Let's Stretch! 2:00pm October Order Up 3:30pm Science for Seniors-Float or Sink? 4:00pm You Be the Detective 6:00pm Armchair Travels-	10:15am Morning Meeting 10:30am Let's Dance It Out 11:00am Autumn A-Z 1:15pm Walk with a Friend 1:30pm Communion Service 2:00pm Nature's Art- Autumn Leaves 3:30pm Penny Pitch 4:00pm Gratitude A-Z 6:00pm Music and Art	10:15am Morning Meeting 10:30am Gentle Stretches 11:00am Short Story and Discussion 1:15pm Afternoon Stroll 2:00pm Live Music -Susan and Pierce 3:30pm Axe Toss 4:00pm Reminisce- I Love Lucy 6:00pm Comedic Cinema	10:15am Morning Meeting 10:30am Pool Noodle Fitness 11:00am Design with Blooms 1:15pm Walk and Talk 2:00pm Nail Spa / Kitchen Helpers 3:30pm Bingo Bash 4:00pm Music Memories 6:00pm Puzzle Solvers	10:15am Morning Meeting 10:30am Noodle Ball 11:00am Cranium Crunches 1:15pm Stretch and Flex 2:00pm Watercolors 3:00pm Friends and Family Afternoon 4:30pm It's Puzzling! 6:00pm Live Animal Cams
10:00am Televised Mass 10:30am Morning Meeting 11:00am Sunday Stretches 11:30am Daily Chronicle 1:00pm Televised Football 1:15pm Let's Stretch 2:00pm Colorful Creations 3:00pm Culinary Creations with Shakeia 4:00pm Mindful Mandela's 6:00pm Sunday Funnies	10:15am Morning Meeting 10:45am Red and Yellow Perform 1:15pm Art Stroll 2:00pm Scenic Bus Ride- Old Wethersfield 3:30pm Memory Lane Walk 4:00pm "OO" Words 6:00pm Nat Geo Documentary	10:15am Morning Meeting 10:30am Sit and Be Fit 11:00am Roundtable Discussion 1:15pm Walking Group 2:00pm Bill Naughton Performs 3:30pm Corn Hole Challenge 4:00pm Helping Hands 6:00pm Armchair Travels-	10:30am Fitness Blast with Sarah 11:00am Scattergories 1:15pm Scavenger Hunt 2:00m Flavors of Fall- Pumpkin Muffins 3:30pm You Be the Detective 4:00pm National Color Day How Many Can You Name? 6:00pm Music and Art	10:15am Morning Meeting 10:30am Moving with Pumpkins 11:00am Long Word Challenge 1:15pm Walk with a Friend 2:00pm Live Music-Mike Armentano- 3:30pm Ghost Toss 4:00pm Andre Rieu in Concert	Wear pink 10:15am Morning Meeting 10:30am Music and Motion 11:00am October Match Up 1:15pm Let's Stretch 2:00pm Nail Spa/Kitchen Helpers 3:30pm Who Am I? 4:00pm Music Memories 6:00pm Puzzle Solvers	10:15am Morning Meeting 10:30am Joyous Moves 11:00am Cranium Crunches 1:15pm Walk and Talk 2:00pm Culinary Creations Pumpkin Pie in a Cup 3:30pm Lucky Strike Bowling 4:00pm Resident Choice 6:00pm Movie Night
10:00am Televised Mass 10:30am Morning Meeting 11:00am Sunday Stretches 11:30am Daily Chronicle 1:15pm Stretch It Out! 2:00pm Categories Trivia 3:00pm Sundae Social 4:00pm Mindful Mandela's 6:00pm Sunday Funnies	10:15am Morning Meeting 10:45am Don on Piano 1:15pm Walking Group 2:00pm Ashly Cruz Performs! 3:30pm Decorating Pumpkins 4:00pm Putt-Putt Golf 6:00pm Nat Geo Documentary	10:15am Morning Meeting 11:00am Workout with Kristen 1:15pm Stretch Your Legs 2:00pm Dice Games 3:30pm Reading Roundtable- The History of the Statue of Liberty 4:00pm Scattergories 6:00pm Armchair Travels-Germany	Flu Shots 10:15am Morning Meeting 10:30am Chair Yoga 11:00am Orange You Glad? 2:00pm Pumpkin Carving /Roasting Seeds 3:30pm Match Game 4:00pm On the Road with Steve Hartman 6:00pm Music and Art	10:15am Morning Meeting 10:30am Sit and Be Fit 11:00am History Presentation- Halloween 2:00pm Live Music -Dave Goclowski on Accordion 3:30pm History of Halloween /Reminisce 4:00pm How many can you name? OKTOBERFEST	10:15am Morning Meeting 10:30am Friday Fitness 11:00am Storytellers 1:15pm Art Stroll 2:00pm Boo Games 3:30pm Bingo Bash 4:00pm Artists in Residence 6:00pm Comedy Hour- Carol Burnett Halloween	10:15am Morning Meeting 10:30am Workout with Pool Noodles 11:00am Flex Your Brain 1:15pm Let's Stretch 2:00pm Culinary Creations Cinnamon Monkey Bread 3:30pm Tangram Puzzles 6:00pm Western Movie Night

Thrive at Addison Place 1177 Hebron Avenue Glastonbury, Ct. 06033 860-652-3444

Activities Subject to Change