

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2025

## Thrive

			<p>10:15am Morning Meeting<sup>1</sup>          10:30am Morning Fitness          11:00am Seasonal Name 10          1:15pm          1:30pm Communion Service          2:00pm Fall Art -Leaf Rubbing          3:30pm Fall Mocktails          4:00pm Music Memories          6:00pm Music and Art</p>	<p>10:15am Morning Meeting<sup>2</sup>          10:30am Scarf Exercise          11:00am October IQ Facts &amp; Trivia          1:15pm Afternoon Stroll          2:00pm Live Music -Les Julian on Guitar          3:30pm A Roll of the Dice          4:00pm America's Got Talent          6:00pm Comedic Cinema</p>	<p>10:15am Morning Meeting<sup>3</sup>          10:30am Stretch and Tone          11:00am Design with Blooms          1:15pm Stretch and Flex          2:00pm Nails with Elaine/Kitchen Helpers          3:30pm Bingo Bash          4:00pm Musical Reminisce-Elvis          6:00pm Puzzle Solvers</p>	<p>- 10:15am Morning Meeting<sup>4</sup>          10:30am Morning Workout          11:00am Knock, Knock on Humor's Door          1:15pm Aquapaints          2:00pm Baking Group "Dont eat theMarshmallow!" with Shakeia          4:00pm Rock and Roll Hits          6:00pm Western Night</p>
<p>10:00am Televised Mass<sup>5</sup>          10:30am Morning Meeting          11:00am Sunday Stretches          11:30am Daily Chronicle          1:00pm Televised Football          2:00pm Trivia Challenge          3:15pm Sundae Social          4:00pm Mindful Mandela's          6:00pm Sunday Funnies-Golden Girls</p>	<p>10:15am Morning Meeting<sup>6</sup>          10:30am Get Fit- Upper Body          11:00am October Ponderings          1:15pm Take a Stroll          2:00pm Jeff Batter on Piano          3:30pm Autumn Scents          4:00pm Target Toss          6:00pm Documentary Night</p>	<p>10:15am Morning Meeting<sup>7</sup>          10:30am Movin and Groovin          11:00am Fall Poetry Reading          1:15pm Walk and Talk          2:00pm Outing to the Orchard          3:30pm Apple Cider Social          4:00pm Helping Hands          6:00pm Armchair Travels-Scenic through</p>	<p>10:30am Fitness Blast with Sarah<sup>8</sup>          11:00am Whiteboard Word Games          1:15pm Art Stroll          2:00pm Culinary Creations Apple Muffins          3:30pm Apple Muffins and Trivia          4:00pm Sing Along with Sue          6:00pm Music and Art</p>	<p>10:15am Morning Meeting<sup>9</sup>          10:30am Balloon Bop          11:00am Discussion Group-What's Your Favorite-Season?          2:00pm Live Music -Red and Yellow          3:30pm Apples 2 Apples          4:00pm Musical Reminisce-Beatles          6:00pm Comedic Cinema</p>	<p>10:15am Morning Meeting<sup>10</sup>          10:30am Chair Yoga          11:30am Choral Sing          1:15pm Stretch Your Legs          2:00pm Nails with Elaine/Kitchen Helpers          3:30pm Around the House Bingo          4:00pm Musical Reminisce-Johnny Cash          6:00pm Puzzle Solvers</p>	<p>10:15am Morning Meeting<sup>11</sup>          10:30am Sit and Stretch          11:00am Catalog Scavenger Hunt          1:15pm Walking Group          2:00pm Culinary Creations: Baked Apples          3:30pm Ring Toss          4:00pm Kids Say the Darneest Thing          6:00pm Movie Night</p>
<p>10:00am Televised Mass<sup>12</sup>          10:30am Morning Meeting          11:00am Sunday Stretches          11:30am Daily Chronicle          1:00pm Televised Football          1:15pm Walk and Talk          2:00pm Good Neighbors-Making Dog Biscuits          3:15pm Sundae Social          4:00pm Mindful Mandela's          6:00pm Sunday Funnies</p>	<p>10:15am Morning Meeting<sup>13</sup>          10:45am Tom Stankus performs!          1:15pm Stretch Your Legs!          2:00pm Scenic-Ride-Coventry Lake          2:00pm Tangrams          3:30pm Autumn Sounds          4:00pm A Roll of the Dice          6:00pm Nat Geo Documentary</p>	<p>10:15am Morning Meeting<sup>14</sup>          10:30am Daily Chronicle          11:00am Workout with Kristen          1:15pm Let's Stretch!          2:00pm October Order Up          3:30pm Science for Seniors-Float or Sink?          4:00pm You Be the Detective          6:00pm Armchair Travels-</p>	<p>10:15am Morning Meeting<sup>15</sup>          10:30am Let's Dance It Out          11:00am Autumn A-Z          1:15pm Walk with a Friend          1:30pm Communion Service          2:00pm Nature's Art-Autumn Leaves          3:30pm Penny Pitch          4:00pm Gratitude A-Z          6:00pm Music and Art</p>	<p>10:15am Morning Meeting<sup>16</sup>          10:30am Gentle Stretches          11:00am Short Story and Discussion          1:15pm Afternoon Stroll          2:00pm Live Music -Susan and Pierce          3:30pm Axe Toss          4:00pm Reminisce- I Love Lucy          6:00pm Comedic Cinema</p>	<p>10:15am Morning Meeting<sup>17</sup>          10:30am Pool Noodle Fitness          11:00am Design with Blooms          1:15pm Walk and Talk          2:00pm Nail Spa / Kitchen Helpers          3:30pm Bingo Bash          4:00pm Music Memories          6:00pm Puzzle Solvers</p>	<p>10:15am Morning Meeting<sup>18</sup>          10:30am Noodle Ball          11:00am Cranium Crunches          1:15pm Stretch and Flex          2:00pm Watercolors          3:00pm Friends and Family Afternoon          4:30pm It's Puzzling!          6:00pm Live Animal Cams</p>
<p>10:00am Televised Mass<sup>19</sup>          10:30am Morning Meeting          11:00am Sunday Stretches          11:30am Daily Chronicle          1:00pm Televised Football          1:15pm Let's Stretch          2:00pm Colorful Creations          3:00pm Culinary Creations with Shakeia          4:00pm Mindful Mandela's          6:00pm Sunday Funnies</p>	<p>10:15am Morning Meeting<sup>20</sup>          10:45am Red and Yellow Perform          1:15pm Art Stroll          2:00pm Scenic Bus Ride-Old Wethersfield          3:30pm Memory Lane Walk          4:00pm "OO" Words          6:00pm Nat Geo Documentary</p>	<p>10:15am Morning Meeting<sup>21</sup>          10:30am Sit and Be Fit          11:00am Roundtable Discussion          1:15pm Walking Group          2:00pm Bill Naughton Performs          3:30pm Corn Hole Challenge          4:00pm Helping Hands          6:00pm Armchair Travels-</p>	<p>10:30am Fitness Blast with Sarah<sup>22</sup>          11:00am Scattergories          1:15pm Scavenger Hunt          2:00m Flavors of Fall-Pumpkin Muffins          3:30pm You Be the Detective          4:00pm National Color Day          How Many Can You Name?          6:00pm Music and Art</p>	<p>10:15am Morning Meeting<sup>23</sup>          10:30am Moving with Pumpkins          11:00am Long Word Challenge          1:15pm Walk with a Friend          2:00pm Live Music-Mike Armentano-          3:30pm Ghost Toss          4:00pm Andre Rieu in Concert</p>	<p><b>Wear pink</b><sup>24</sup>          10:15am Morning Meeting          10:30am Music and Motion          11:00am October Match Up          1:15pm Let's Stretch          2:00pm Nail Spa/Kitchen Helpers          3:30pm Who Am I?          4:00pm Music Memories          6:00pm Puzzle Solvers</p>	<p>10:15am Morning Meeting<sup>25</sup>          10:30am Joyous Moves          11:00am Cranium Crunches          1:15pm Walk and Talk          2:00pm Culinary Creations Pumpkin Pie in a Cup          3:30pm Lucky Strike Bowling          4:00pm Resident Choice          6:00pm Movie Night</p>
<p>10:00am Televised Mass<sup>26</sup>          10:30am Morning Meeting          11:00am Sunday Stretches          11:30am Daily Chronicle          1:15pm Stretch It Out!          2:00pm Categories Trivia          3:00pm Sundae Social          4:00pm Mindful Mandela's          6:00pm Sunday Funnies</p>	<p>10:15am Morning Meeting<sup>27</sup>          10:45am Don on Piano          1:15pm Walking Group          2:00pm Ashly Cruz Performs!          3:30pm Decorating Pumpkins          4:00pm Putt-Putt Golf          6:00pm Nat Geo Documentary</p>	<p>10:15am Morning Meeting<sup>28</sup>          11:00am Workout with Kristen          1:15pm Stretch Your Legs          2:00pm <b>Dice Games</b>          3:30pm Reading Roundtable- The History of the Statue of Liberty          4:00pm Scattergories          6:00pm Armchair Travels-Germany</p>	<p><b>Flu Shots</b><sup>29</sup>          10:15am Morning Meeting          10:30am Chair Yoga          11:00am Orange You Glad?          2:00pm Pumpkin Carving /Roasting Seeds          3:30pm Match Game          4:00pm On the Road with Steve Hartman          6:00pm Music and Art</p>	<p>10:15am Morning Meeting<sup>30</sup>          10:30am Sit and Be Fit          11:00am <b>History Presentation- Halloween</b>          2:00pm Live Music -Dave Goclowski on Accordion          3:30pm History of Halloween /Reminisce          4:00pm How many can you name?          OKTOBERFEST</p>	<p>10:15am Morning Meeting<sup>31</sup>          10:30am Friday Fitness          11:00am Storytellers          1:15pm Art Stroll          2:00pm Boo Games          3:30pm Bingo Bash          4:00pm Artists in Residence          6:00pm Comedy Hour-Carol Burnett          Halloween</p>	<p>10:15am Morning Meeting          10:30am Workout with Pool Noodles          11:00am Flex Your Brain          1:15pm Let's Stretch          2:00pm Culinary Creations Cinnamon Monkey Bread          3:30pm Tangram Puzzles          6:00pm Western Movie Night</p>