

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00am Seated Tai Chi 10:30am This Day in History/Gratitude Group 1:00pm Hymn Sing 1:30pm Communion 2:00pm Fun Art with Bill 3:15pm Mid-Week Bingo 5:30pm Friends and Family Night with	10:30am Morning Stretch 11:00am Pet Visit with Hamilton 1:00pm Hand Massages 2:00pm Musical Duo Red and Yellow 3:15pm Rummikub Challenge 6:00pm Documentary Night: "Washington:	10:00am Balloon Volleyball 11:00am Floral Arranging 1:30pm Guided Meditation and Breathing Circle 2:00pm Scenic Ride/ 2:30pm Bingo 3:45pm Happy Hour on the Patio /U.S. 6:00pm Friday Funnies -I Love Lucy	10:00am 4th of July Trivia Challenge 11:45am 4th of July Cookout 1:15pm Pray the Rosary 2:00pm The Hartley's Perform! 3:15pm Creations with Savannah 4:00pm Documentary: "Lincoln" Independence Day (U.S.)
10:00am Televised Mass 10:45am Stretch and Flex 11:15am Today in History 1:30pm Peaceful Meditation 2:00pm Sunday Bingo 3:30pm Snack and Chat/Family Legacy Project with Elizabeth	10:00am Shopping Trip 10:00am Gratitude Group 11:00am Health Talk with Sandra Wood -Exercise 1:00pm Manicures with Renee 2:00pm Colonial Ct. / 3:15pm R/W/B Bingo 6:00pm Movie Classic: The Sting	10:30am Today in History 11:00am Exercise Class Kristen from Powerback 11:45am July Birthday Celebration 1:00pm Rusty on Piano 2:00pm Trivia Tuesday & Chocolate Shakes 3:45pm Happy Hour 6:00pm Game Night with Friends	10:00am Seated Tai Chi 10:30am Vision Board Workshop 11:00am Historical Profiles- 2:00pm Ageless Artists with Bill 3:15pm Mid-Week Bingo 4:15pm Iced Tea on the Patio 6:00pm Wednesday Western: Lone Ranger	10:00am In the Good Ole Summertime 10:30am Be Fit Exercise 11:00am Hamilton Visits 1:00pm Hand Massages 2:00pm Music Mickey Wyls 3:15pm Ladie's Tea 3:15pm Men's Social with Harold 6:00pm Documentary: A Dog's Purpose	10:00am Musical Ball Toss 11:00am Floral Arranging 11:30am Lunch Outing-Doogies in Newtonton 1:30pm Guided Meditation and Mindful Breathing 2:30pm Bingo 3:45pm Happy Hour on the Patio 6:00pm Friday Funnies-Grumpy Old Men	10:00am Word Extraction 11:15am Chair dance with Savannah 1:15pm Pray the Rosary 2:00pm Celebration of Life - Wilma Makoff 3:15pm Creative Creations with Savannah 4:00pm Red Sox vs Mets 6:00pm Puzzle Solvers
10:00am Televised Mass 10:45am Sunday Stretches 11:15am Today in History 1:30pm Word Game with Renee 2:30pm Scenic Ride	10:00am Shopping Trip 10:30am Chair Yoga and Relaxation/Gratitude Group 11:00am Sound Healing with Gabrielle 1:00pm Manicures 2:00pm Wisdom and Worship with River Church 3:15pm Bingo Blast 6:00pm Movie Classic 8:00pm Home Run Derby	10:00am Word Challenge 10:30am Drumming Circle 11:00am Learn about it Venture Smith 1:30pm 2:00pm Wii Bowling 3:00pm Artist in Focus Documentary: Sendak 3:45pm Happy Hour 6:00pm Opera Night-Pavarotti	10:30am Fitness Blast with Sarah! 11:30am Today in History 1:00pm Hymn Sing 1:30pm Communion 2:00pm Ageless Artists with Bill -Focus on Sendak 3:15pm Mid-Week Bingo 4:15pm Mocktails on the Patio 6:00pm Western Night	10:00am Reminisce- Games we used to play 10:30am Stretch It Out 11:00am Travelogue-Historic Williamsburg 1:00pm Hand Massages 2:00pm Sheri Ziccardi 3:15pm Addison Auction 6:00pm Documentary: Night "Our Planet"	10:00am Volley for Service 11:00am Floral Arranging 1:30pm Guided Meditation and Mindful Breathing 2:00pm Out on the town - Ice Cream Trip 2:30pm .25 Bingo 3:45pm Happy Hour on the Patio 6:00pm Friday Funnies-	10:30am Chair Dance with Savannah 11:00am Word Train 1:15pm Pray the Rosary 2:00pm Creative Arts with Savannah 3:15pm Walk with a friend 4:00pm Red Sox vs. Tampa Bay 6:00pm Puzzle Solvers
10:00am Televised Mass 10:45am Stretch and Flex 11:15am Today in History 1:30pm Peaceful Meditation 2:00pm Bingo 3:30pm Snack and Chat/Family Legacy Project with Elizabeth	10:00am Shopping Trip 10:30am Chair Yoga 11:00am Animal Talk with Lisa (Sharks) 1:00pm Manicures with Renee 2:00pm Nancy Moridian Love Songs and Hymns 3:15pm Bingo Blast 6:00pm Movie Classic: The Untouchables	10:00am Flex Your Brain Trivia 10:30am Drumming Circle 11:00am Resident Council Meeting 1:30pm TED Talk: What Makes A Good Life? 2:00pm Eric the Plant Guy 3:45pm Happy Hour 6:00pm Opera Night -Bocelli	10:00am Word Game Challenge 10:30am Seated Tai Chi 1:30pm 2:00pm Ageless Artists with Bill 3:15pm Mid-Week Bingo 4:15pm Lemonade on the Patio 6:00pm Western Night-True Grit	10:30am Get fit Exercise 11:15am Food for Thought 1:00pm Hand Massages 2:00pm Music with Jim Sheehan 3:15pm Rummikub Challenge 6:00pm Documentary Night-Documentary Night-Great Wonders of the World	10:00am A Roll of the Dice Exercise 11:00am Floral Arranging 11:00am Gizmo, Beamer and Lisa Visit 1:30pm Guided Meditation and Mindful Breathing 2:30pm .25 Bingo 3:45pm Happy Hour on the Patio 6:00pm Friday Funnies	10:30am Give Me 5 11:00am Chair Dance with Savannah 1:15pm Pray the Rosary 2:00pm Creative Arts with Savannah 3:15pm Walk with a Friend 6:00pm Puzzle Solvers
10:00am Televised Mass 10:45am Sunday Stretches 11:15pm Today in History 1:30pm Pictionary with Renee 2:30pm Sunday Drive with Renee	10:00am Shopping Trip 10:30am Chair Yoga /Gratitude Group 11:00am Resident Engagement Chat 1:00pm Manicures 2:00pm Resident Spotlight - Josephine B 3:15pm Bingo Blast 6:00pm Movie Night: Wonka	10:00am Word Extraction 10:45am Adaptive Equipment Check with Brittini and Kristen 1:30pm TED Talk: Older People are Happier 2:00pm Travel 3:45pm Happy Hour on the Patio 6:00pm Opera Night -The Three Tenors	10:00am Travel Around America 10:30am Seated Tai Chi/Gratitude Circle 1:00pm Hymn Sing 2:00pm Ageless Artists with Bill 3:15pm Iced Coffee on the Patio 6:00pm Western Night - Bonanza	10:00am Word Challenge 10:30am Mindful Movement 11:00am Special Memories Showcase 1:00pm Hand Massages 2:00pm Sing Along 3:15pm Rummikub Challenge Friendship Day Ice Cream Social	10:15am Volley for Service 11:00am Floral Arranging 1:30pm Guided Meditation and Mindful Breathing 2:30pm .25 Bingo 3:45pm Happy Hour on the Patio 6:00pm Friday Funnies - Dean Martin Show	

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Activities Subject to Change