

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Thrive Activities



July 2026

9:00am Pledge of Allegiance/Today in History 9:30am Seated Exercise 10:15am July fun facts 11:00am Name It R/W/B 1:15pm Let's Stroll! 1:30pm Communion 2:00pm Patriotic Craft 3:15pm Black or Red? 4:00pm Puzzle Solvers 6:00pm Patriotic Art and Music	9:00am Pledge of Allegiance/Today in History 9:30am Light Stretches and Meditati 10:45am Mike on Guitar 1:15pm Let's Stroll! 2:00pm Scenic Ride/Hand Massages 3:30pm Let's talk about It: Connecticut 6:00pm Music Appreciation	9:00am Pledge of Allegiance/ Today in History 9:30am Movin' to the Oldies 10:15am Reminisce 1:15pm Let's Stroll! 2:00pm Art Therapy with Savannah 3:15pm 4:00pm Art by Numbers 6:00pm Relaxing Sounds e	9:00am Pledge of Allegiance/ Today in History 9:30am Name That Tune 10:30am Fitness with Sarah! 11:00am Pondering Prompts 1:15pm Let's Stroll! 2:00pm Pudding Cups 3:15pm Spot the Difference 4:00pm Small Group Station	9:00am Pledge of Allegiance /Today in History 9:30am Sit Fit 10:15am Picture This 1:00am Let's Talk About It New Hampshire 1:15pm Let's Stroll! 2:00pm Mickey Wylliss 3:30pm Gratitude Circle 4:00pm Music and Art 6:00pm Movie Night	9:00am Pledge of Allegiance/Today in History 9:30am Volley For Serve 10:15am Flower Arranging 1:15pm Let's Stroll! 1:30pm Fancy Nails 2:15pm Bingo 3:15pm Scattgories 4:00pm Patio Chats 6:00pm Hallmark Movie	9:00am Pledge of Allegiance/Today in History 9:30am Music and Moves 10:15am Reading Group 11:00aPatriotic Sing Along 12:00pm 4th Barbecue 1:15pm Let's Stroll 2:00pm Fourth of July Bingo 3:15pm Whiteboard Games 6:00pm Classic Hee Haw
9:00am Pledge of Allegiance/Today in History 9:30am Sunday Stretches 10:00am Televised Mass 10:45am Hymn Sing 1:15pm Let's Stroll 1:30pm Cranium Crunches 2:00pm Karaoke 3:15pm Patio Chats 4:00pm Creative Corner 6:00pm Sunday Funnies	9:00am Pledge of Allegiance/Today in History 9:30am Monday Music with Dan! 1:15pm Let's Stroll! 2:00pm Scenic Ride/Hand Massages 3:30pm Let's Talk About It: Maine 4:00pm Puzzle Solvers 6:00pm Music Appreciation	9:00am Pledge of Allegiance/Today in History 9:30am Movin' to the Oldies 10:00am Seated Exercise 11:00am Melodies and Memories 1:15pm Let's Stroll 2:00pm Culinary Capers - 3:15pm Spot the Difference 4:00pm 6:00pm Relaxing Sounds	9:00am Pledge of Allegiance/Today in History 9:30am Seated Exercise 10:00am Discussion Starters 11:30am Picture This 1:30pm Communion 2:00pm Music Therapy with Michelle 3:30pm Small Group Stations	9:00am Pledge of Allegiance/Today in History 9:30am Beach Ball Volley 11:00am Let's Talk About It Massachusetts 2:00pm Sheri Ziccardi sings Broadway /Sing Along 3:30pm Gratitude Circle 4:00pm Music and Mandelas 6:00pm Movie Night	9:00am Pledge of Allegiance/Today in History 10:15am Fitness Dice Exercise 11:00am Flower Arranging 1:15pm Let's Stroll! 1:30pm Fancy Nails 2:15pm Bingo 3:15pm Match Game 4:00pm Color Me Calm 6:00pm Bocelli in Concert	9:00am Pledge of Allegiance/Today in History 9:30am Saturday Workout 10:15am Name 10 11:00am Country Classics 1:15pm Let's stroll 2:00pm Guess the Price 3:15pm The Year Was >>> 4:00pm Slowdown and Stretch 6:00pm Puzzle Solvers
9:00am Pledge of Allegiance/Today in History 9:30am Sunday Stretches 10:00am Televised Mass 10:45 Hymn Sing 1:15pm Let's Stroll 1:30pm Joggin Noggin 2:00pm Musical Moments Karaoke Karaoke 3:15pm Patio Chats 6:00pm Sunday Funnies	9:00am Pledge of Allegiance /today in History 9:30am Dancercise 10:15am 20 Questions 1:15pm Let's Stroll! 2:00pm Scenic Ride 3:30pm Let's Talk About It! Story Telling Circle Trivia Challenge 6:00pm Music Appreciation	9:00am Pledge of Allegiance/ Today in History 9:30pm Finish the Phrase 11:00am Workout with Kristen 1:15pm Let's Stroll 2:00pm Art Therapy with Savannah 3:15pm Picture This! 4:00pm Art By the Numbers 6:00pm Relaxing Sounds	9:00amPledge of Allegiance/Today in History 9:30am Fitness Blast with Sarah! 11:00am PUNT 1:15pm Let's Stroll 2:00pm Concentration 3:15pm Tin Can Alley 4:00pm Small Group Stations 6:00pm Best of	9:00am Pledge of Allegiance/today in History 10:30am Morning Workout 11:00am Reminisce-Games We Played 2:00pmJim Sheehan on Guitar /Sing Along 3:30pm Gratitude Circle 4:00pm Music and Mandelas 6:00pm Movie Night	9:00am Pledge of Allegiance/Today in History 10:30am Balloon Toss 11:00am Flower Arranging 1:15pm Let's Stroll! 1:30pm Fancy Nails 2:15pm Bingo 3:15pm Pair Up! 4:00pm Color Me Calm 6:00pmAndre Rieu in Conc rt	9:00am Pledge of Allegiance /Today in History 9:30am Range of Motion Exercise 10:15am Pictionary 11:00am Sing Along 1:15pm Let's Stroll 2:00pm Conversation Starters 3:15pm A Roll of the Dice 6:00pm Puzzle Solvr
9:00am Pledge of Allegiance/Today in History 9:30am Sunday Stretches 10:00am Televised Mass 10:45am Hymn Sing 1:15pm Let's Stroll 1:30pm Cranium Crunches 2:00pm Karaoke 3:15pm Patio Chats 4:00pm Creative Corner 6:00pm Sunday Funnies	9:00am Pledge of Allegiance /Today in History 9:30am Hand exercises 10:45am Piano Man Don Olson 1:15pm Let's Stroll! 2:00pm Scenic Ride /Hand Massages 3:30 Friendship Day 4:00pm Puzzle Solvers 6:00pm Music Appreciation	10:15am Pledge of Allegiance/Today in History 10:30am Movin' to the Oldies 11:00am Name 5 Game 1:15pm Let's Stroll! 2:00pm Culinary Capers- R/W/B Parfaits 3:15pm Easy Does It Trivia 4:00pm Art by the Numbers 6:00pm Relaxing Sounds	9:00am Pledge of Allegiance/Today in History 9:30am Fitness Dice Exercise 10:15am Gratitude Circle 1:15pm PUNT 2:00pm Creative Story Writing 3:15pm USA puzzle Solvers 4:00pm Small Group Stations	9:00amPledge of Allegiance/Today in History 10:30am Beach Ball Hockey 11:00am Shake It Up! Butter Making 2:00pm 4:00pm Music and Mandelas 6:00pm Movie Night	9:00am Pledge of Allegiance/Today in History 0am Noodle Fitness 11:00am Flower Arranging 1:15pm Let's Stroll! 1:30pm Fancy Nails 2:15pm Bingo 3:15pm Ousi 4:00pm Small Group Stations	Activities Subject to Change 

Please note: In addition to scheduled programs, residents are offered individualized engagement throughout the day. Including conversation, music, sensory activities, reminisce, games, reading, and interactions,